



Upwood Primary School Drug Policy

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Section 1 – The Context of Our Drug Policy

a) Our Shared View of Drug Education

'We believe that drug education should help children and young people develop their knowledge about drugs, their skills in taking decisions, and to develop a positive attitude towards their own health.' Drug Education Forum

At our school, we believe that good drug education is supported by a consistent, whole school approach and promoted by the provision of excellent PSHE for all our children, whatever their age, level of development or social, cultural or religious background. It is planned for and taught in the context of our comprehensive PSHE programme.

We see drug education as an important component in the wider area of risk education. We recognise for some children giving information and safety strategies alone will not be enough to enable them to make safe choices for themselves as they grow up. We will therefore address issues of peer and media influence and will explore with children their different responses to risk and challenge and enable them to reflect on the factors that influence their decisions.

Drug education is part of the wider agenda of promoting positive relationships and healthy lifestyles for young people to which many individuals and organisations in our community contribute. Our work in drug education contributes to meeting local and national priorities as described in strategies such as: Safeguarding and Child Protection, Every Child Matters and National Drug Strategy.

In whatever capacity we work with children, we recognise our shared responsibilities regarding their health and wellbeing. Therefore this policy describes our strategies for keeping children safe in relation to drugs, both on and off the school premises.

b) Role of Governors

The governors will take an over view of this policy and the effectiveness of the programme of drug education. A link governor will be encouraged to take a special interest in drug education and its place with in the broader PSHE provision in school.

c) Implementation and Review

Monitoring and evaluation of the policy is the responsibility of the Head Teacher and the PSHE Co-ordinator. Information will be gathered from the Head Teacher, the PSHE Co-ordinator, staff, parents and where appropriate, children to inform judgements about effectiveness. Records of drug-related incidents will be reviewed to assist with the development of more robust procedures.

The policy will be formally reviewed every three years. The next review will take place in line with the Policy Cycle in the SIP.

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d) Glossary

Throughout this policy we use the following definitions:

A drug: Any substance which affects how a person thinks, feels or behaves (World Health Organisation). The term embraces medicinal, non-medicinal, legal and illegal drugs. Therefore, “drug” includes alcohol, tobacco, volatile substances (solvents, aerosols etc.), medicines and illegal drugs.

Young people: Children and adolescents under 19 years.

Community: All people who live, work or in some other way impact on the lives of young people in the area in which they live.

Drug use: The consumption of any drug.

Drug misuse: Drug taking which harms physical, mental or social wellbeing. This could, for example, include physical or psychological dependence, improper use of medicines, intoxication, breach of school rules or the law.

Authorised drug use: Where drug use is accepted by the organisation. Reference might be made to these in other of the organisation’s policies e.g. Smoke Free Policy, Medicines Policy.

Unauthorised drug use: Where use is restricted or prohibited e.g. illegal drugs and alcohol

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Section 2 – Policy for Drug Education in Our School

a) Introduction

Our work in drug education is set in the wider context of our school values and ethos:

- To create a stimulating, challenging and imaginative environment in which, and through which, children are able to achieve the highest standard socially, physically, mentally, emotionally, creatively and intellectually.
- To create a warm, friendly environment where children and adults are safe, cared for, valued and respected.
- To provide security and stability for all children through a disciplined environment based upon fairness and consistency.

Other school policies are relevant to our provision of Drug Education: *PSHE and Citizenship, Child Protection, Confidentiality, Positive Behaviour, Inclusion.*

This Drug Policy will be made available to staff in our policy folder, on the school network, and on the school website.

This policy is consistent with current national legislation (Education Act 1996 and Learning and Skills Act 2000). It is also consistent with current national guidance (Drugs: Guidance for Schools DCFS 2004). Our policy also reflects recommendations from OfSTED (PSHEE in Schools July 2010) and the Drug Education Forum (Principles of Good Drug Education 2011)

We are engaged in the following areas of work, which support this policy and the delivery of effective Drug Education: Social and Emotional Aspects of Learning (SEAL) Programme, development as a Healthy School.

Our Drug Education policy has been developed through discussion with staff/parents and governors, by the PSHE Co-ordinator, with the support of the governors/Head teacher and reviewed by staff. It was discussed and ratified by the school governors, Autumn 2011.

b) Our Aims for Drug Education

All adults will work towards achieving these aims for drug education in our school. We seek to enable our children to:

- Understand that drugs are any substance which affects how a person thinks, feels or behaves.
- Understand that that all drugs have potential benefits and harms.
- Understand how to keep safe around drugs and household substances.
- Recognise risky situations associated with drugs and substances and know appropriate ways to respond.
- Consider attitudes to drugs and people who use them.
- Access accurate, factual information about drugs.
- Develop their decision making skills in risky situations.
- Develop their ability to gauge the reliability of information.
- Distinguish between different drugs and consider their use, misuse, benefit and harm.
- Consider how friends and the media might influence decision making.
- Develop interpersonal and communication skills.
- Develop positive values and a moral framework that will guide their decisions and behaviour.
- Value and care for their own bodies.

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c) Delivering the Drug Education Curriculum in our School

We understand the importance of ensuring that all children in our school gain similar information and experiences through Drug Education. We will therefore follow the positive Curriculum for Drug Education included in this document.

The objectives of the Curriculum for Drug Education will mainly be delivered in designated PSHE lessons, Circle Time and focused health topics.

Some aspects of Drug Education will be delivered in other subjects, such as Science and RE.

Some objectives of Drug Education will also be met in enrichment activities. For example visits from the Life Education Centre, our work as a Healthy School, social skills groups, our residential trips provision

d) Responsibilities for Curriculum Delivery

We regard it as the shared responsibility of all adults working within the school to model responsible drug-related attitudes and behaviour and to respond appropriately to a young person's request for guidance.

Teaching and support staff will have the same responsibility for contribution to the delivery of the taught Drug Education curriculum as they have for other components of the curriculum.

The PSHE Subject Leader is responsible for reviewing and evaluating Drug Education at our school. The PSHE Subject Leader will report to the Head Teacher.

Staff will be assisted in their planning and delivery of the Curriculum by the PSHE Subject Leader who will, with support, develop long and medium term planning, provide lesson plans and activities for colleagues, collate assessments, access support from out of school where necessary and plan INSET to meet staff needs.

Governors have the responsibility to update their own knowledge and awareness so that they can contribute to monitoring and evaluation of policy and practice. The PSHE Co-ordinator/Staff governor/Head teacher will support with this.

e) Teaching Methodologies

Ground Rules: Drug Education is taught in a safe, non-judgemental environment where adults and children are confident that they will be respected. Teachers and children together will ensure there are ground rules in place which ensure that every child feels safe and is able to learn in a supportive and caring environment. These will cover in particular the asking and answering of personal questions and strategies for checking or accessing information.

Answering Questions: We acknowledge that sensitive and potentially difficult issues will arise in drug education, as children will naturally share information and ask questions. When spontaneous discussion arises, it will be guided in a way which reflects the stated school aims and curriculum content for drug education. Members of staff will ask colleagues for guidance if they are unsure of responses to children's questions. Staff will refer to external sources of information such as www.talktofrank.com to check information about drugs.

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Distancing Techniques: In order to protect children's privacy, we will employ teaching and learning strategies, which enable them to discuss issues without disclosing personal experience. For example, we will use fiction, puppets, case studies, role-play, videos, theatre in education to enable young people to share ideas and opinions and to practise their decision-making skills in a safe learning environment.

f) Inclusion

We understand the importance of ensuring that all children in our school receive their entitlement to drug education. We will carefully consider gender, culture, learning needs and background when planning and delivering drug education.

In relation to ethnicity, religion and cultural diversity, we value the different backgrounds of our young people and, in acknowledging different views and beliefs, seek to promote tolerance and understanding.

In order to ensure the drug education curriculum meets the needs of all:

- We will not promote one particular lifestyle over another.
- We will not seek to gain consensus, but will accept and celebrate difference.
- We will encourage respect and discourage abuse and exploitation.
- We will not ask young people to represent the views of a particular religious or cultural group to their peers, unless they choose to do so.

In relation to those with special educational needs, we will review our drug education programme to ensure that provision is made for those with additional needs. When working with young people with additional needs we will consider:

- their level of vulnerability,
- their use of medication,
- their need to develop self-esteem and positive body image,
- the need to involve all staff including ancillary staff and carers in policy development, planning and training,
- clarity about sources of support for pupils.

Drug Misuse in Our Community: Many pupils will have parents, carers or family members who use drugs, including medicine, alcohol and tobacco. Some will experience illegal drug misuse by family members. We will take care to ensure that our Drug Education programme takes into account possible misuse of drugs by family members. We will work to ensure that the content of our programme does not stigmatise young people or heighten their anxieties about their family members' welfare. It will be a high priority to determine and address the additional needs of young people who experience drug misuse in the home.

g) Resources

We will refer to national guidance when planning our Drug Education activities. For example, '**Drugs: Guidance for Schools' DfES Feb 2004, QCA guidance.**

All staff will primarily use the Cambridgeshire Primary Personal Development Programme in planning and delivering the Entitlement Curriculum. We will refer to '**Checklist for Selecting Resources**', when selecting new resources.

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h) Visitors and Community Agencies Supporting Drug Education in our School

We may also make use of the expertise of visitors from the community and experts from outside agencies, but this will be seen as an enrichment of our provision and not a substitute for our core provision which is based upon the strong relationships between teacher and pupils. Such visitors will be made aware in advance of our policy and will be expected to work within it. They will work in collaboration with appropriate staff to ensure continuity and that the needs of the children are met.

We will use ***Working with Visitors –Planning Checklist*** when planning and reviewing such enrichment activities in Drug Education.

i) Staff Training

We understand that, in order to feel confident in teaching drug education, staff need opportunities to develop knowledge, skills and attitudes and to share good practice. We recognise that all adults have different personal beliefs and attitudes about drugs and drug education. We will discuss relevant issues and, where appropriate, arrange training to enable staff members to feel confident in delivering the Drug Education Curriculum. Those with special responsibility for the development of drug education will be supported in developing the necessary knowledge and skills, where appropriate.

j) Children's Participation

We will involve young people in the evaluation and development of their drug education in ways appropriate to their age.

- We will refer to local/countywide/national data eg Health-related Behaviour Survey for our school/district.
- We will engage the children in assessment activities to establish their development needs, for example ***Dogs and Rugs – Assessing Drug Education in the Primary School.***
- We will encourage children to ask questions as they arise by providing anonymous question boxes.
- We will ask children to reflect on their learning using appropriate success criteria and set goals for future learning.
- We will consult children, through School Council, about their perception of the strengths of our drug education programme and the areas to be further developed.

k) Working with Parents/Carers and Our School Community

Parents and carers are the key figures in supporting their children through the emotional and physical aspects of growing up. Therefore we seek to work in partnership with parents and carers when planning and delivering drug education. We will encourage this partnership by:

- Inviting parents to learn more about resources and activities in drug education topics,
- Inviting parents to learn more about resources and activities used in drug education,
- Making the drug policy available to parents on request,
- Gathering parents' views on the drug policy and taking these into account when it is being reviewed,
- Providing supportive information about parents' role in drug education,
- Inviting parents to discuss their views and concerns about drug education on an informal basis.

Parents and carers will be given access to this policy on request. It will also be available on the school website/and in the School Office.

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I) Monitoring and Evaluating Drug Education

We are committed to the development of Drug Education in our school. When carrying out a review we will refer to 'Drugs: Guidance for Schools' DfES 2004 Appendix 7. We will use the following indicators to monitor and evaluate our progress:

- a co-ordinated and consistent approach to curriculum delivery has been adopted,
- a flexible approach to delivering drug education that responds to young people's needs (identified through consultation, research or observation) is in place,
- there are clearly identified learning outcomes for all Drug Education activities,
- opportunities for cross-curricular approaches are being used where appropriate,
- the impact of training for staff and governors on practice is evaluated,
- policy and practice is regularly revised and involves staff, governors and where appropriate young people,
- opportunities for parents, carers and members of our community to consider the purpose and nature of our Drug Education, for example, through drug awareness parents' evenings,
- a variety of methods are employed to communicate the key points of the policy and curriculum to the community.

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Section 3 - Preventing, Reducing and Responding to Drug-related Situations and Incidents in our School

a) Drug-related Situations and Incidents

A drug-related situation is one involving the use of any authorised drug by a young person or adult in school. A situation might be ongoing, but will have been discussed and planned for.

Drug-related situations might include:

- the storage or use of alcohol on the premises by staff, parents or lessees,
- the sale or award of alcohol e.g. raffle prizes,
- the storage or use of medicines on the premises by staff, parents or children,
- the use of tobacco or alcohol by staff away from the premises, while taking part in events or residential trips.

Drug-related Incidents

A drug-related incident is one where there is evidence or suspicion of specific events involving unauthorised drug use or supply. We will need to react to this event, in order to prevent or reduce harm. We will refer to ***Responding to Drug-related Situations and Incidents in the Primary School***.

Drug-related incidents include:

- Disclosure by a child of their own unauthorised drug use or alleged use by another person,
- Unauthorised drugs being possessed on the premises,
- Unauthorised drugs being used on the premises,
- Physical evidence of unauthorised drug use being found on or around the premises,
- Supply or intended supply of unauthorised drugs on the premises,
- Community concerns about unauthorised drug use by an adult working children,
- Community concerns about unauthorised drug use by children,
- Children disclose that they are adversely affected by the drug use or misuse of others,
- The intimidation of a child by peers or others in relation to drug use.

b) Responding to Drug-related Situations and Incidents

The use, possession or supply of illegal drugs will not be tolerated on our site, neither will the unauthorised use of legal drugs, such as alcohol and tobacco. All staff will be aware of the procedures for dealing with a drug-related incident.

Responses to situations or incidents involving any drug will seek to balance the interests and safety of the individual and others involved. We will refer to ***Responding to Drug-related Situations and Incidents in the Primary School***, when considering our response to any drug-related incident. We will record each drug-related incident using ***Recording an Unauthorised Drug Incident***. If we are considering the involvement of the Police in an incident, we will refer to ***Considering Drug Issues and the Police***.

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The likelihood of a child at our school being the instigator of a drug-related incident in school is extremely low. However, where an incident involves a child at our school, we will seek to involve parents/carers, if appropriate, and gain advice and support from specialist services and social care. Exclusion may be a final option, if other sanctions have not been successful.

Following every drug-related incident or situation, procedures will be reviewed and evaluated. The Head Teacher will lead this review and will involve a link governor.

c) Responsibility for Preventing and Responding to Drug-related Incidents

- Solvents and hazardous chemicals will be stored in accordance with our Health and Safety policy, which refers to COSHH Guidelines. The person responsible for overseeing this policy is the Site Manager/Head Teacher.
- If a substance is found on our premises, it will initially be reported to the Head Teacher who will record the nature of the incident and complete **Recording an Unauthorised Drug Incident** with reference to **Responding to Drug-related Situations and Incidents in the Primary School**
- In a situation where a child is involved in unauthorised drug use on school premises, the Head Teacher will normally inform the child's parents. If a decision is made not to inform parents this will be documented.
- If the Head Teacher believes an offence has been committed by staff or pupils, he or she will consider informing the police. He/she will refer to **Considering Drug Issues and the Police**. If the decision is made not to inform the police this will be documented. On most occasions the Community Police Support Officer (CPSO) will be the first contact.
- Should the press contact the school regarding a drug-related incident or situation, a press release will be issued in collaboration with the County Press Office. The Chair of Governors/Head Teacher will be the main contacts for the press. The Local Authority produce guidance on 'Critical Incidents' which will be consulted.

d) Confidentiality

The essential nature of confidentiality guidance is not altered by the fact that a case involves drugs. Where there is a genuine risk to the safety of the child or other vulnerable people, information must be passed on to individuals and/or organisations which are responsible for protecting the child. It is likely that such responses will fall within the remit of other policies such as Child Protection, Behaviour and Health and Safety.

Staff may have to pass on information to fulfil their professional and moral duties in relation to:

- child protection,
- co-operating with a police investigation,
- referral to external services, such as drug agencies.

Any information disclosed to a staff member or other responsible adult, which is deemed to be of a serious nature, will be communicated to the designated person as soon as possible and always within 24 hours.

The designated person may choose to respect a young person's wish for confidentiality only in cases where:

- there is no cause to believe that confidentiality will endanger or put the child or others at risk,
- disclosure itself may place the young person at risk.

It is our policy to inform parents and carers as soon as possible, when a young person has been involved in a drug-related incident except in situations where such information could prejudice the safety of the young person. The person responsible for Child Protection will be asked for guidance in this instance.

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Children will be told clearly what information is to be passed on and to whom and their agreement will be sought. We will support the young person in dealing with possible consequences.

e) School Boundaries and School Visits

We will make clear to staff and parents/carers the rules which apply to individual visits or group trips, including other areas where direct responsibility lies with the parent/carer (primarily, school/home transport and the close environment of the school). In these situations we will work in partnership with parents/carers and, where appropriate, the wider community. Clear guidance will be given to staff regarding their supervision responsibilities and their own drug use (e.g. of alcohol, tobacco and medicine). We will refer to ***Considering Drug Issues and Primary Educational Visits.***

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Appendix A

Curriculum for Drug Education

We will deliver these elements through our Primary Personal Development Programme in order to deliver Drug Education to children across the school. These statements show the questions with which children will engage. For more detail see our teaching plan and short term planning, which is based on the Cambridgeshire Personal Development Programme.

	Healthy and Safer Lifestyles 2 - Keeping Safe (inc Drug Education)	Other areas of Personal Development
Foundation YR	<p>Do I understand simple safety rules for when I am at home, at school and when I am out and about?</p> <p>Can I say 'No!' if I feel unsure about something and it does not feel safe or good?</p> <p>Can I ask for help and tell people who care for me if I am worried or upset?</p> <p>Who are the people who help to keep me safe?</p> <p>What goes on to and into my body and who puts it there?</p> <p>Why do people use medicines?</p> <p>What are the safety rules relating to medicines and who helps me with these?</p>	<p>What things can I do when I feel good and healthy?</p> <p>What can't I do when I am feeling ill or not so healthy? What do I think I have to keep safe from?</p> <p>How do I know if something is safe or unsafe?</p>
KS1 Y1/2	<p>Healthy and Safer Lifestyles 8 - Drug Education</p> <p>What happens when things enter the body?</p> <p>What are medicines and why do some people use them?</p> <p>What do I understand about the roles of doctors, nurses and hospitals?</p> <p>What can I do if I feel poorly?</p> <p>What are the potentially risky substances at home and at school?</p> <p>How can I keep safe from harm if I come across risky substances?</p> <p>What is it like to be persuaded?</p>	<p>Other areas of Personal Development</p> <p>How can I get the attention of an adult if I need to?</p> <p>Who are the people who help keep me safe?</p> <p>How can I be responsible for my own personal safety?</p> <p>Do I understand how amazing my body is?</p> <p>What does it feel like to be healthy?</p> <p>How can I stay healthy?</p> <p>What is an emergency and who helps? How can I help in an emergency?</p>
KS2 Y3/4	<p>Healthy and Safer Lifestyles 15 - Drug Education</p> <p>What medical and legal drugs do I know about, and what are their effects?</p> <p>Who uses and misuses legal drugs?</p> <p>Why do some people need medicine and who gives it?</p> <p>What are the safety rules for storing medicine and other risky substances?</p> <p>What should I do if I find something risky, like a syringe?</p> <p>What do I understand about how friends and the media influence me?</p>	<p>Other areas of Personal Development</p> <p>How can I be responsible for my own personal safety?</p> <p>Who is responsible for my lifestyles choices and how are they influenced?</p> <p>How can I have a healthy lifestyle?</p> <p>What can my body do and how is it special?</p> <p>What risks are there to my safety, my friendships and my feelings?</p> <p>What action is it okay for me to take in an emergency?</p> <p>Who would I ask for help if things went wrong?</p>
KS2 Y5/6	<p>Healthy and Safer Lifestyles 22 - Drug Education</p> <p>What do I know about medicines, alcohol, nicotine, solvents and illegal drugs and how they affect people who use them and others?</p> <p>How does drug use affect the way a body or brain works?</p> <p>How do medicines help people with a range of illnesses?</p> <p>What does misusing a drug mean?</p> <p>What are some of the laws about drugs?</p> <p>What risks should I look for around substances?</p> <p>How do my friends influence my behaviour and decision making?</p> <p>How and why do companies advertise drugs?</p> <p>When and how should I check information I am given?</p>	<p>Other areas of Personal Development</p> <p>When might it be good to take risk?</p> <p>What are the different consequences of taking physical, emotional and social risks?</p> <p>How risky are different situations?</p> <p>When am I responsible for my own safety?</p> <p>How can I keep myself and others safe?</p> <p>How can I get the attention of an adult if I need to?</p> <p>Where can people go for help?</p> <p>How can I help people who need support?</p> <p>Can I carry out basic first aid?</p> <p>What does being healthy mean and what are the benefits?</p> <p>Who or what influences me when I making lifestyle choices?</p> <p>How am I responsible for a healthy lifestyle?</p>

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Appendix B

Entitlements for all Members of our School Community

We are committed to working towards the implementation and development of these entitlements.

Everyone is entitled to have access to information which is accurate and up-to-date; appropriate to their needs and sensitive to cultural, ethnic, religious and gender differences

Children are entitled:

- to a planned, varied and cohesive drug education programme which enables them to increase their knowledge and explore and practise relevant skills and attitudes, and which gives them time to reflect
- to have access to support when they need it, in an appropriate setting,
- when seeking advice, to have confidentiality guidelines explained, and to be treated honestly and with respect and sensitivity,
- to have the opportunity to participate in the shaping and evaluation of their Drug Education programme using methods appropriate to their maturity, for example, through classroom activities or research.

Adults working with our children are entitled:

- to relevant and appropriate training,
- to opportunities to develop personal skills and confidence in delivering Drug Education and managing drug-related situations and incidents,
- to a clear definition of issues concerning boundaries and confidentiality in school,
- to an environment which provides opportunities to express their and share concerns openly,
- to have access to independent advice and support, in both personal and professional capacities,
- through representatives, to be involved in the formulation and/or evaluation of drug policy.

Parents, carers and other adults in our community are entitled:

- to expect a safe and secure environment for their child,
- through representatives, to be involved in the formulation and/or evaluation of our drug policy,
- to express their opinions and to be offered time and privacy to share any concerns,
- to be offered information about other services or support available to parents locally.