



Relationships and Sex Education Policy

Contents

1. Aims.....	1
2. Statutory requirements	1
3. Policy development.....	2
4. Definition	2
5. Delivery of RSE	2
6. Roles and responsibilities	3
7. Parents' right to withdraw	3
8. Training	4
9. Monitoring arrangements.....	4

1. Aims

The aims of relationship and sex education (RSE) at our school are to:

- Provide a framework in which sensitive discussions can take place.
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene.
- Help pupils develop feelings of self-respect, confidence and empathy.
- Create a positive culture around issues of sexuality and relationships.
- Teach pupils the correct vocabulary to describe themselves and their bodies.

2. Statutory requirements

RSE is not compulsory in primary schools. Academies do not have to follow the National Curriculum and are therefore not required to teach the elements of sex education in the Science curriculum.

If primary academies do teach RSE, they are required by their funding agreements to have regard to [guidance](#) issued by the Secretary of State as outlined in section 403 of the [Education Act 1996](#).





At Upwood Primary Academy we teach RSE as set out in this policy.

3. Policy development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

1. Review – a member of staff or working group pulled together all relevant information including relevant national and local guidance.
2. Staff consultation – all school staff were given the opportunity to look at the policy and make recommendations.
3. Parent/stakeholder consultation – parents and any interested parties were invited to attend a meeting about the policy.
4. Pupil consultation – we investigated what exactly pupils want from their RSE.
5. Ratification – once amendments were made, the policy was shared with governors and ratified.

4. Definition

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

SRE involves a combination of sharing information, and exploring issues and values.

RSE is not about the promotion of sexual activity.

5. Delivery of SRE

RSE is taught within the Citizen Education curriculum. Biological aspects of RSE are taught within the Science curriculum, and other aspects are included in Religious Education (RE).

Girls in upper Key Stage 2 receive stand-alone education sessions on puberty.

Across all Key Stages, pupils will be supported with developing the following skills:

- Communication, including how to manage changing relationships and emotions,
- Recognising and assessing potential risks,
- Assertiveness,
- Seeking help and support when required,
- Informed decision-making,
- Self-respect and empathy for others,
- Recognising and maximising a healthy lifestyle,



Upwood, Huntingdon,
Cambridgeshire. PE26 2QA
Tel: 01487 813510
office@upwood.cambs.sch.uk
www.upwood.cambs.sch.uk



Queen's Gardens, Peterborough,
Cambridgeshire. PE1 2UW
Tel: 01733 426046 Fax: 01733 426061
information@tdet.education
www.tdet.education



- Managing conflict,
- Discussion and group work.

These skills are taught within the context of family life.

6. Roles and responsibilities

6.1 The Academy Committee

The Academy Committee will approve the RSE policy, and hold the headteacher to account for its implementation.

6.2 The headteacher

The headteacher is responsible for ensuring that RSE is taught consistently across the school, and for managing requests to withdraw pupils from non-statutory/non-science components of RSE (see section 7).

6.3 Staff

Staff are responsible for:

- Delivering RSE in a sensitive way.
- Modelling positive attitudes to RSE.
- Monitoring progress.
- Responding to the needs of individual pupils.
- Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory/non-science components of RSE.

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the headteacher.

6.4 Pupils

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

7. Parents' right to withdraw

Parents' have the right to withdraw their children from the non-statutory/non-science components of RSE.

Requests for withdrawal should be put in writing and addressed to the headteacher. A copy of withdrawal requests will be placed in the pupil's educational record. A member of the Senior Leadership Team will discuss the request with parents and take appropriate action.



Upwood, Huntingdon,
Cambridgeshire. PE26 2QA
Tel: 01487 813510
office@upwood.cambs.sch.uk
www.upwood.cambs.sch.uk



Queen's Gardens, Peterborough,
Cambridgeshire. PE1 2UW
Tel: 01733 426046 Fax: 01733 426061
information@tdet.education
www.tdet.education



Alternative work will be given to pupils who are withdrawn from RSE.

8. Training

Staff are trained on the delivery of RSE as part of their induction and it is included in our continuing professional development calendar.

The headteacher will also invite visitors from outside the school, such as school nurses or sexual health professionals, to provide support and training to staff teaching RSE.

9. Monitoring arrangements

The delivery of RSE is monitored by the Senior Leadership Team through:

- Staff discussion, planning scrutinies, learning walks and pupil voice interviews.
- Pupils' development in RSE is monitored by class teachers as part of our internal assessment systems.



Upwood, Huntingdon,
Cambridgeshire. PE26 2QA
Tel: 01487 813510
office@upwood.cambs.sch.uk
www.upwood.cambs.sch.uk



Queen's Gardens, Peterborough,
Cambridgeshire. PE1 2UW
Tel: 01733 426046 Fax: 01733 426061
information@tdet.education
www.tdet.education