

“The Art of Food”

Planet day

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Roast Thursday

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RED	Mediterranean vegetable pasta bake (ve)	Oven baked fish fingers	Stir fry chicken with summer vegetables with white & brown rice mix	Roast Pork with Yorkshire pudding & gravy	Oven baked fillet of fish
GREEN	Vegetable fajita wrap (ve)	Layered vegetable & sweet potato bake (ve)	Cheese, tomato & pepper basil turnovers (v)	Quorn meat loaf with a fresh tomato & basil sauce (v)	Vegetable lasagne (v)
Yellow	Jacket potato served with filling & salad	Jacket potato served with filling & salad	Jacket potato served with filling & salad	Jacket potato served with filling & salad	Jacket potato served with filling & salad
The Daily Veg Selection	Homemade cheese & herb bread. Fresh mixed salad (ve)	New potatoes Peas (ve)	Half jacket potato Summer vegetable (ve)	Roast potatoes Fresh carrots Spring greens (ve)	Chips Baked beans (ve)
The Sweet Plate	Homemade apple & crumble with custard (v) or Fresh fruit	Vanilla Yogurt (ve) or Fresh fruit	Lemon drizzle cake (ve) or Fresh fruit	Chocolate trifle or Fresh fruit	Flapjack (ve) or Fresh fruit

We fully support healthy eating and our commitment to meat free days

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Ve = vegan option