

## Week One- Monday 15th April



		Monday	Tuesday	Wednesday	Thursday	Friday	
	"The Art of Food"	Planer day	Planet day		Rossillhursday	Plane day	V
	RED	<u>(S</u>	Oven baked fish fingers	Stir fry chicken with summer vegetables with white & brown rice mix	Roast Pork with Yorkshire pudding & gravy	Oven baked fillet of fish	<i></i>
	GREEN		Layered vegetable & sweet potato bake (ve)	Cheese, tomato & pepper basil turnovers (v)	Quorn meat loaf with a fresh tomato & basil sauce (v)	Vegetable lasagne (v)	
	Yellow		Jacket potato served with filling & salad	Jacket potato served with filling & salad	Jacket potato served with filling & salad	Jacket potato served with filling & salad	**************************************
	The Daily Veg Selection		New potatoes Peas (ve)	Half jacket potato Summer vegetable (ve)	Roast potatoes Fresh carrots Spring greens (ve)	Chips Baked beans (ve)	1
<b>J</b>	The Sweet Plate	<u> </u>	Vanilla Yogurt (ve) or Fresh fruit	Lemon drizzle cake (ve) or Fresh fruit	Chocolate trifle or Fresh fruit	Flapjack (ve) or Fresh fruit	<u> </u>



We fully support healthy eating and our commitment to meat free days

"The Art of Food"
Ve = vegan option



SCHOOL PLANTS