	Upwood Primary Academy	Week Three-	Monday 17th Ju	ne		FOOD	SILVER © provec SCHOO PLANES
	"The Art of	Monday	Tuesday	Wednesday	Thursday	Friday	
	Food"	Planel day	Pizza frenzy	Planet day	RoastThursday	Plane. day	
	RED	Crispy topped Mac n Cheese (v)	Homemade Meat feast pizza (v)	Fish finger wrap	Roast Gammon & gravy	Oven baked Fish fillet (v)	
C	GREEN	Vegetable & lentil cottage pie (ve)	Homemade 3 cheese pizza (v)	Vegan sausage puff (ve)	Hot Cheesy tuna melt sub roll (v)	Mixed bean & vegetable hot wrap (ve)	
	Yellow	Jacket potato served with filling & salad	Jacket potato served with filling & salad	Jacket potato served with filling & salad	Jacket potato served with filling & salad	Jacket potato served with filling with salad	X
	The Daily Veg Selection	Homemade tomato bread Sweetcorn & pepper mix (ve)	Seasonal mixed salad Oven roasted herb new potatoes (ve)	New potatoes Baked beans (ve)	Roast potatoes Green beans Fresh carrots (ve)	Chips Peas (ve)	S
	The Sweet Plate	Mini waffles with sauce (v) or Selection of Fresh fruit	Marble sponge with custard (v) or Fresh fruit	Lemon & orange shortbread (ve) or Fresh fruit	Fudge tart with chocolate custard (v) or Fresh fruit	Flapjack (ve) or Fresh fruit	C
Lunity of P Diversity o	Purpose.	We fully support	t health <mark>y eating a</mark> nd "The Art Ve = vega	of Food"	to meat free days		